

Koti Academy Week A Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cherrios with Bananas	Egg Bake Casserole with Apple Slices	Scrambled eggs Whole Wheat Toast Oranges	Oatmeal And Bananas	Whole Wheat Cinnamon French Toast Apple Sauce
Lunch	Penne Pasta with Ground Turkey and Marinara Sauce Mixed Veggies Apples	Homemade Personal Pita Pizza Oranges	Mexican Beans and Rice Corn pears	All-natural Nut Butter Sandwich Apples Carrots	Baked BBQ Chicken With Baked Beans Mashed Potatoes And Fruit Salad
Snack	Whole Grain Crackers and Cheese	Graham Crackers And bananas	Apple Oat Bars	Veggie Straws and Apple Sauce	Homemade Fruit Muffins (Bread)



Delicious wholesome and homemade meals designed special for children to grow strong bodies and smart minds